# The Granite State REFUELER



157th Air Refueling Wing, Pease ANGB, New Hampshire

www.nhpeas.ang.af.mil

**MARCH 2005** 

# 1st Battalion, 172nd Field Artillery Comes Home



Soldiers bow their heads during an opening prayer at the Manchester Armory.

# Commander's Column



By Col. Richard Martell

Over the last month we have been busy planning for the next six years in the NH Air National Guard. Very shortly your supervisors will have in their possession a long range calendar that will detail our planned UTA's, major events, inspections, etc.

Here are some of the highlights: A Savannah/Gulfport deployment for ATSO skills training in 06, an Operational Readiness Evaluation (ORE) to Volk in 07, a mini air show in 06, and a major air show (targeted for a demonstration team) in 09. All of this is planned around a 2008 Operational Readiness Inspection in June 2008 with the Milwaukee Tanker unit. It is my hope that having this type of information available well ahead of time will ease your balancing act with families and employers. Let me know if it helps...

This month also brings about a major change in travel policy for us. In the past all of our airline fares incurred during government travel were paid by a Centrally Billed Account (CBA). Part of the Congressional change dealing with the Government travel card mandates that airline fares be charged to the Government Travel Card - when the traveler has one.

You will need to capture the cost of the air travel on your travel voucher. For our folks who do not possess a card - the billing will remain centrally funded.

Look for an article in this month's Refueler highlighting our involvement In the Aeromedical Evacuation Mission. I'm very proud of the fact that our Operations and Maintenance teams have stepped forward and have become the leader in the Tanker community supporting this mission. The mission itself is a very humble one as we transport many of the injured service members from the war in Iraq, throughout the United States.

Lastly, we can use your help in the Recruiting arena! Unit member's referrals continue to be one of our successes in bringing new folks. We are facing a tough recruiting year - so any help you can provide would be appreciated. Take care and be safe...

# Did you know?

BY Tech. Sgt. James Wallace

That wearing of combat boots is not only permissible with the BDU, in fact, according to AFI 36-2903, the following is allowed:

MEN — (page 37), Table 2.1, line 6, Combat Boots may be worn with all blue uniform combinations with the exception of Mess, Semi-Formal and Formal Dress.

WOMEN — (page 57), Table 2.3, line 9, Combat Boots may be worn with all blue uniform combinations with the exception of Maternity Jumper, Mess Dress, Semi-Formal Dress and Formal Dress or with any skirt. A good rule of thumb is slacks must be worn if combat boots are the choice of footwear.



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**Photo Support** 157 ARW Visual Information Center



The Refueler welcomes articles and ideas that will improve the paper. If you have suggestions for feature or specific articles, please contact the PA office at x3413/3577, or vour Unit Public Affairs Representative (UPAR).

Civil Engineering Vacant

Senior Airman Lyndsey Hooper x2344 Tech. Sgt. Susan Evans Staff Sgt. Emily Tebbetts

Mission Support Master Sgt. Dan Ward x3511

Operations

Master Sgt. Brian Elliott x3327 Tech. Sgt. Christie Rouleau x3321 Senior Master Sgt. Robert Hamilton x3485

Maintenance

Tech. Sgt. Pam Clements x2442 Tech. Sgt. Robert Nicoletos x2512

Tech. Sgt. Beverly Wallace x2696 Staff Sgt. Lisa Rowe Master Sgt. Gil P. Fradillada



#### Services

Tech. Sgt. Lori Johnson x3291

#### Wing

Senior Master Sgt. Valerie Morgan x3151 Staff Sgt. Celeste Bragg x3456

#### ATC

Tech. Sgt. John Jordan Tech. Sgt. Tammy Daigle x3401

#### Finance

Tech. Sgt. Scott Perry Staff Sgt. Lena Grenier

## State Headquarters

Master Sgt. Bill Bates

# **Mentoring Program**

By: Senior Master Sgt. Valerie Morgan and Senior Master Sgt. William Frament

What is mentoring? What is a mentor? What is a mentee? What are the benefits of being in a mentoring partnership?

The Air National Guard has embarked on a mentoring program designed to develop all ANG personnel to their fullest potential. Because of changes occurring within the demographics in our society and within the ANG, there will be a shortage in the workforce in the future. Today, we are facing a shrinking workforce, a gender shift within the organization as women outnumber men in society, a fast growing minority population and concern over family, home, and work issues. Therefore, the ANG must do everything possible to recruit and retain a diverse workforce. We must work towards being an employer of choice. For this reason, Mission Driven Mentoring (MDM) is so important. The ANG needs to recruit and develop each and every member to their fullest potential

Mentorship cont. on pg 11

# Aero medical Evacuation Mission

"The AE mission is critical to General Handy's (AMC/CC) desire to get injured troops back home as soon as possible. Due to the retirement of the C-9 aircraft, and the pending retirement of the C-141 aircraft, coupled with the high Ops Tempo for C-5 and C-17 aircraft, Air Mobility Command is utilizing every available airframe in the MAF for the Aeromedical Evacuation mission," said Lt. Col. James E. Ramsey, Chief of Standardization and Evaluation.

The KC-135R is being utilized as an AE platform to transport both ambulatory and litter patients on regularly scheduled missions both CONUS and OCONUS. OIF operations require an increased demand for AE missions, and the 157th has stepped up to the plate to help out with these missions," said Lt. Col. James E. Ramsey.

I've flown on both of the missions that the 157th has participated in, and I can't think of a more personally satisfying mission that I've participated in during my 21 years of military aviation service. It's an honor to help in some small way to get these injured soldiers back home," said Lt. Col. James E. Ramsey.

Maj. James. P. Ryan, KC-135R aircraft commander, explains the process that takes place when medivacing soldiers from Iraq and Afghanistan. "Initially they get pulled to a field hospital and then transported to Germany. They are then flown, typically by 141, to Andrews, and they are picked up by a tanker the next day."

"We fly down to Andrews and our airplane is reconfigured, that is also where we will pick up the air medical crew that is in charge of the patients. The patients will get flown in the night before. So now we're down at Andrews pre-positioned, and now what were going to do is carry them to destinations westbound."

Master Sgt. John R. Craig, in flight refueling journeyman, said, "What brought this on was the retirement of the C9 aircraft from the inventory. There are still a handful of them out there that the reservists own and use.

Their goal is to get someone wounded, in say Baghdad, as safely and quickly as possible get them from theatre to the nearest local hospital and then to their home of record, or fort, or base that they were at."

# **Open Registration for Aviation Soft Contact Lens Program**

AFI 48-123 states that any Flying Class I and Flying Class II members who wear contact lens on OR off duty must be enrolled in the Aircrew Soft Contact Lens (SCL) program. It is the responsibilities of the aircrew member to self identify and enroll in the SCL program by visiting the flight surgeon's office. Once enrolled, aircrew members will be notified of timing for required annual follow up examinations, as well as approved lens and cleaning solutions. All contact lens wearing aircrew are encouraged to call the clinic (ext2340) for an optometry appointment.

# Recruiter Rap

### Submitted by Senior Airman Darsy Cote

### Recruiting Quote of the Day

"Here is the test to find, whether your mission on earth is finished: if you're alive, it isn't." By: Richard Bach

### Recruiting's Public Service Quick Tip:

During the flu season sip on some black or green tea. Both of these help your body fight off infections.

# Please Welcome the Newest Members of our great Organization!

#### **MXS**

Airman 1st Class Adam Hanson Staff Sgt. Bernard Cho Staff Sgt. Scott Yeanish

### **ATC**

Staff Sgt. John Duncan Staff Sgt. Luke Harris

#### MFS

Senior Airman Kaia Dematteo

### A Special thanks goes out to:

Emily Edmunds for referring Airman 1st Class Adam Hanson to the MXS.

Eddie Acres for referring Airman 1st Class Jason Hall to the LRS.

Shilo Waters for referring Kaia Dematteo to the MFS They were the Honorary Recruiters for the Month!

Every Refueler, you see the names of our members who have gone out of their way to get new faces to join our Guard family. But something that you might not have known is that these people are 1/3 the way of getting an Honorary Recruiting Ribbon. That's right! You can get a Ribbon for getting three individuals to take advantage of the great opportunities that the Guard has to offer.

Wear your uniform with the pride of an Honorary Recruiter!

### Month of March

March is here, so check your calendars. We here in the Recruiting office will be at a Job Fair March 29th from 10am-4pm at the Frank Jones Center. Our highly trained and motivated recruiters will be there spreading the word about our Outstanding Unit.

Another thing to keep your eye out for this month. Some of our members have made their TV debut. This month, if you have Comcast cable: seven channels will be running the commercial Spike TV,

Rec. Rap cont. on pg 5





# NH National Guard

Honorary Recruiter Ribbon



Is Hereby Presented to

# Capt Richard J. Hamilton

In recognition of Outstanding Support of the Recruiting Mission



Which Contributes to the Strength and Readiness of the 157th Air Refueling Wing New Hampshire Air National Guard



MARK F. SEARS, Col, NHANG

JOHN E. BLAIR, Maj Gen, NHNG



### Rec. Rap cont. from pg 4

MTV, PAX, NESN, SCIFI, Comedy Central, and FX. You will see Tech. Sgt. Christie Rouleau on a commercial for Pease Air National Guard this month. In the following months look for Staff Sgt. Autumn Ricker from CES/CEX, Master Sgt. Clermont Boutin from MXS, and Airman 1st Class Justin Troiano's Mother Judith Troiano.

So far the Recruiting office has had a group of people walk in wanting more information after seeing the commercial. So it seems to be working already! Thank you to all of the people who participated in the interviews.

Benefits of Being Part of the Greatest Part-time Job there is!

GI Bill

Student Loan Repayment (\$20,000) Tuition Reimbursement (100 percent) Officer Commissioning Space Available Flights Bonuses for critical career fields

Pride in Serving

With all the benefits offered here why would you go anywhere else.

# **Commanders Prayer Breakfast 2005**

### By the Chaplain's Office

Can you believe it has been two years since our last Commander's Prayer Breakfast? The hectic schedules of deployments, inspections and training have occupied our energy and time over the recent past and it is now good for us to pull away and retreat, even if it is for a little while, from the all consuming demands of military life. It is truly providential that we are sitting on the eve of the 2005 Annual Prayer Breakfast! It is an outstanding opportunity to lift our spirits as we listen to a great speaker, spend time with friends, pray, and enjoy sounds of the Air Force Band of Liberty. Why do we have this Prayer Breakfast? In the light of past events, and future possibilities, coupled with the fact that we have troops deployed especially members of the 157th, the answer is easily ascertained. In times such as these prayer is essential. It gives us hope, it brings us inner peace, and most importantly it puts God where He should be, in the center of our minds, our hearts and our lives. The Prayer Breakfast reminds us of our need for God in trying times, as well as in the good times, and it helps us to refocus on our ultimate goal and destiny. They remind us that there is something beyond the day-to-day routines and duties, which sometimes can wear us down and

prevent us from seeing the bigger picture in life. They point us to another dimension of life from which meaning and morals are derived.

This year, we are honored to have once again, Ch, Brigadier General Cecil R. Richardson, Deputy Chief of the Air Force Chaplain Service, as our guest speaker. Chaplain Richardson was commissioned a chaplain in April 1977. In addition to his current position as Deputy Chief of Chaplains, he has served as a Protestant chaplain; a senior Protestant chaplain; a wing chaplain; an Air Staff Training (ASTRA) officer; Chaplain Service assignments officer; MAJCOM division chief; Executive Director, Armed Forces Chaplains Board (OSD); Command Chaplain, United States Central Command (USCENTCOM); Command Chaplain, Air Combat Command (ACC) and Director, Chaplain Service Institute (AU).

As in the past, our Prayer Breakfast gathering will take place in building 157 from 0730-0830. The breakfast will be catered by our own 157th Services Flight and will feature a delicious buffet.

Tickets will be on sale during the March drill and can be purchased through various offices throughout the base. Tickets must be purchased in advance and will not be available at the door. See you there!

# NHANG Golf League Kicks Off 2005 Season

## By Master Sgt. Mark Joyce

The golf league is looking for players of all abilities to come and enjoy the cameraderie and fellowship of our league. Our season begins on May 3rd and ends on Sep 13th.

Join as a full-time team member or as a substitute and play only the weeks you choose. Members of the NHANG along with retirees, family, and friends are eligible to play. Please contact one of the officers to express your interest or get additional information.

Mark Joyce x2542 Mark Lebel x3391 Mike Paquin x2436 Rob Mills x2578 mark.joyce@nhpeas.ang.af.mil

# **SOFTBALL**

#### By Staff Sqt. Michelle Mercier

The New Hampshire Air National Guard is trying to take a Coed Team to the 40th Annual Air National Guard Tournament in St. Joe's, Missouri from 10-14 August 2005. All Air National Guard Members, retirees, and dependents over the age of 18 are eligible to participate. There will be a meeting on Saturday after the March drill at Paddy's at 4:00. We will start having practices on drill weekends in April (weather permitting). If you, or someone you know, is interested in participating, please contact Staff Sgt. Michelle Mercier @ x2441 or send me an email at michelle.mercier@nhpeas.ang.af.mil.

# **MENU**

Due to scheduled training, Services will be providing a lighter fare menu for both days of the March UTA consisting of:

Sandwich
Salad Bar
Assorted Fresh Fruit
Assorted Snack Chips
Assorted Snack Desserts
Assorted Hot & Cold Beverages

# **Armed Forces program**

Any member, past or present, of the US Armed Forces including dependents and survivors. We are offering a free computer applications class to get you started in your education. We also offer several VA Approved Professional Certification training specifically designed for Military personnel and can be scheduled around them. We will also offer free career counseling, resume building, and benefits counseling. We are offering this program as a way to say thank you for being a member of our Armed Forces and offer just one more benefit to all of you for joining. These programs are excellent not only for the soldiers but for those employers who hire soldiers. This is a great way to get free training for their employees who have served and also promotes the hiring of members of the Armed Forces.

As stated prior, we would like more people in the New England area to know this program exists for them. The're are not many programs out there for military people, and in the wake of recent events, we feel there should be more out there for them. We feel they have done so much for us that we want to do all we can for them and their families. I will be more than happy to come and brief your people if you would like to hold an open informational meeting for this.

Charles Nedzbala Armed Forces Representative New Horizons of Northern New England 460 Amherst Street Nashua, NH 03063 (603) 324-6235 direct (603) 882-3267 fax Charlesn@NHNashua.com www.nhnashua.com

# **Security Forces** Assoc. Raffle

By Tech. Sgt. Michael Ploof

I want to pass on information about a raffle the Security Forces Association is going to have. The items were donated by George Gielen. He advised us that he was donating them to help pay for the hail and farewell diner the association put on for the Army that departed the base.

I plan on having the raffle during the March drill. The Items that will be raffled include:

Presidential/Air Force One money clip; George Bush, Presidential Cuff Leaded Crystal Presidential Seal Ice Bucket

I am not positive how we will be able to get the raffle off, but more will follow. If you have any interest in the items please email me.

# 39th Army Band PERFORMANCES 2005 **Effective 2 February 2005** More to Follow

DATE	PERFORMANCE SITE	7 Jul 05 Thursday	Franklin NH 1900-2030 Town Park
30 May 05 Monday	Concord Veterans Day Parade Concord, NH Time 0900	, and the second	Concert/Stage Band
		8 Jul 05	New London NH 1830-2000
1 July 05 Friday	Concert Rochester Common 1900-2030 Rochester, NH	Friday	Town Bandstand Concert/Stage Band
2 July 05	Parade Franconia 1330-1430	13 Jul 05	Jaffrey NH 1900-2030
Saturday	Franconia, NH	Wednesday	5
3 Jul 05	Alton NH, 1900-2030		Concert/Stage Band
Sunday	Alton Bandstand	20 Jul 05	Milford NH 1900-2130
Sunday	Concert/Stage Band	Wednesday	
	Concern Stage Zana		Concert/Stage Band
6 Jul 05	Plymouth NH 1900-2030		, -
Wednesday	Town Common		
	Concert/Stage Band		

# PEOPLE POLL: Do you think the Iraqi ele tion of how the Iraqis feel? Questions and Pictures by Senior



"It is hard to think that enough people voted even when the fear of reprisal was so prevalent. I hope that this election represents their true feelings toward democracy and who they want

Master Sgt. Elaina D'Orto (Training)



"I don't think it will. It is not an accurate representation of the population as a whole. I doubt that all religions were represented equally."

Staff Sgt. Scott Eagan (Phase Inspection)



"Yes, they want to be a democracy and enjoy the freedom of choice and this election is a start to get them away from dictatorship. It's only a matter of time."

Tech. Sgt. Barry Graham (Hydraulics)

# lection will result in a true representa-

ior Airman Brenda Dillon and Senior Airman Lindsey Watson-Kirwin



"I don't know. I would hope that those who had the opportunity to vote were able to vote the way they wanted to, and weren't swayed by any outside forces."

Tech. Sgt. Christy Rouleau (Executive Asst.)



"Tough question, but no. Both religous sections and all political parties are not all being fully represented. I also think that the Shiite leaders influenced the voters."

Tech. Sgt. John McDowell (Jet Engine)



"Sure,I feel that the Iraqis who voted will be represented, but nation-wide, I don't know." Captain Nick Scola (Pilot)

# Family Program Updates

# By Bonnie Rice, Family Program Coordinator

Family Readiness Program Bonnie Rice - Family Readiness Program Coordinator Building 16, Pease ANGB Phone: (603)-430-3545 bonnielee.rice@nhpeas.ang.af.mil Emergency 24-hour hotline: 1-800-472-0328

YOUTH EVENTS

GUARD KIDS HEALTHY CHOIC-

Our Counterdrug Office in Concord has provided some awesome programs for our Guard Youth. Their program now has a name: "Guard Kids Healthy Choices." Unfortunately, as of Refueler print date, the upcoming activities have not been planned - please call the Family Program Office at 430-3545 for details for your youth. Two activities that are on the horizon for you to be looking for are a "Babysitting Course" and a "Low Ropes Course Activity" The Counterdrug has some great activities planned for the upcoming months I encourage you to add your name to the 157ARW Family Program email listing for updates on youth events.

ARMED FORCES DAY DIN-NER/DANCE

More info to follow - but I am currently working with the Portsmouth VFW to plan an upcoming ARMED FORCES DAY DINNER/DANCE for military members who have been mobilized and/or deployed since Sep 11 in support of the War on Terrorism - the date that is planned is May 21, 2005 (Armed Forces Day) to be held at the VFW Post #168 Portsmouth, NH. Mark you calendar and watch for further details to come....

SCHOLARSHIPS FOR MILITARY **SPOUSES** 

Deadline: March 31, 2005

National Military Family Association's (NMFA's) Joanne Holbrook Patton Military Spouse Scholarship Program Fund. This exciting program will allow military spouses worldwide the opportunity to receive assistance in furthering their education. Go to the website for further information: www.NMFA.org. The National Military Family Association's Joanne Holbrook Patton Spouse Scholarship funds are limited each year. Selection for this scholarship is based on your completion of an essay question and supplemented by your degree of community involvement and achievement. Moreover, it is required that you comply with the following instructions to ensure your application and supporting documentation are properly completed by the published deadlines. Failure to provide the required information or providing incomplete information will preclude your application from being considered. NMFA Spouse Scholarships are awarded to spouses of Uniformed Services members to obtain professional certification or to attend post-secondary, graduate, vocational, or technical school for an academic year. Scholarships are normally in the amount of \$1,000.00. The scholarship funds may be used to assist with tuition, fees, books, and school room and board, so long as the funds are paid direct-



ly to the educational institution involved. Applicants must resubmit an application each year they would like to be considered for a scholarship.

Military Discount Info Anheuser-Busch Offers Free Admission to Its Adventure Parks Anheuser-Busch Cos. Inc announced its "Heroes Salute" to honor the U.S. Armed Services by offering free single-day admission to its SeaWorld and Busch Gardens parks to active duty military, active reservists, U.S. Coast Guard, National Guardsmen and as many as three direct dependents beginning Feb. 7 through Dec. 31, 2005. Any active duty, active reserve, ready reserve service member or National Guard is entitled to free admission under the program. He or she need only register, either online at http://www.herosalute.com or in the entrance plaza of participating parks, and show a Department of Defense photo ID. As many as three direct dependents of military personnel also are entitled to free admission. Dependents may take advantage of the offer without their servicemember, though an adult must accompany minor dependents. For more information, visit http://www.anheuser-busch.com DISCOUNT SKI TICKETS

The Portsmouth Naval Shipyard has the following discounted ski tickets available to our military family. Attitash, Black

Family cont. on pg 11

## Family cont. from pg 10

Mentorship cont. from pg 3

Mountain, Bretton Woods, Cranmore, Gunstock, Loon Mountain, Waterville Valley, and Wildcat. Call the shipyard for prices and details at 207-438-1514 or 2713.

#### Yellow Pages

Volunteers are always welcome to support our Yellow Page Listing - If you know of any businesses that would be willing to offer free or discounted services for the families of our deployed members, please have them contact the Family Program Office at (603)-430-3545.

# Children's Spring Party

Sponsored by: the Portsmouth VFW Post # 168 Ladies Auxiliary

For: Military children (Ages 2 & up)(Children Need to be accompanied by an adult).

Date: 26 March 2005 Time: 12 Noon -3 p.m. Location: VFW Post #168 238 Deer Street, Portsmouth, NH The day will include the following and more: 12:15 - Lunch Clowns all day 12:00-3:00 -Entertainment 12:00-3:00 - Arts & Crafts

Reservations need to be made no later than 18 Mar 05 (Reservations need to include name/age/gender of children and number of adults attending.)

in order to have a qualified candidate pool when future opportunities arise. MDM program is designed for everyone, but especially those who have least access. The MDM program enhances career development at every stage from early, middle and senior stages of one's career.

The MDM program utilizes a successful mentoring system from the private sector using software called Colaboro to access the needs and skills of both mentees and mentors. Once the needs and skills are determined, the program lists all possible matches based on the needs and skills assessment of the mentors and mentees. MDM is based on 16 enduring leadership and competencies within three areas: 1) Personal Leadership, 2) Leading People/Teams and 3) Leading the Institution.

How will the Air National Guard as an organization benefit from mentoring?

- The Air National Guard will benefit in several ways. Mentees quickly learn rules, procedures, and skills from their mentors. Mentoring programs tend to be cost-effective developmental efforts by retaining qualified staff. Mentoring can help develop and maintain more well-rounded and motivated employees; and it is an effective means of integrating employees. Mentees appreciate the attention of their mentors and may develop increased loyalty to their organizations. As a result, recruitment and retainment costs are reduced.
- Mentors generally enjoy their roles, often increase their productivity and find renewed enthusiasm for their organizations and their work. Organizations with mentoring programs have an edge over their competitors in recruiting, including new college graduates. What is mentoring?
- Mentoring is a relationship in which a person with greater experience or wisdom guides another to a higher level of personal and professional excellence. The key to successful mentoring is providing feedback to subordinates on their current duty performance, personal and professional development needs, and guidance for them to achieve near, mid, and long-term career goals.
- Mentoring occurs when a person with knowledge (mentor) shares this knowledge with an eager student (mentee). Mentors empower mentee to further their personal and professional self development. Mentoring is an exchange of information, but also of ideas, experiences, and friendship in a strategy for professional growth and development. What is a mentor?
- Often referred to as leaders, guides, coaches, sponsors, and transitional figures, mentors must be good at their job, respected in their organization, have professional skills, inclusive and collaborative spirit, and organizational values. A mentor is someone that a mentee can express his or her fears, frustrations, and goals without fear of reprisal. A mentor helps a mentee develop the plans and blue prints to solve their own problems or reach their goals. What is a mentee?
- A mentee is a person seeking the mentoring. A person under the guidance of someone influential who can help shape career advancement and personal growth. Simply, a mentee is looking for someone with whom they can express fears, frustrations, and goals with out fear of reprisal. A mentee is a person who wishes to learn from the experiences of another or looking for a sounding board or someone with a different perspective.

# Rambling With the Retirees

# By Julia Lightner-Fredyma, SMSgt, Retired

There are two important dates to remember this month. The first is our quarterly meeting on Saturday, March 12th from 9-11am in bldg 259. Although an exact agenda is not cast in stone at the time of this writing, it is my plan to make our gathering as worthwhile as possible. If you are a recent retiree, we encourage you to drop by and join us.

For you snowbirds, Dick St.Jean wants to remind you of the March 16th Englewood FL beach party from 10am to 1pm in the pavilion and then going on to the beach. Take SR 776 from Venice or Port Charlotte and go to Beach Rd. It is near the only McDonalds in that area. Go to the end of the road and that is the beach. Parking is 50 cents an hour. Do not run over because the fine is steep. Contact Dick at

941-697-2927 (locksfla@webtv.net) or Gil Biron at 941-697-7125 for more information.

#### TO CONTACT US:

Email address changes: Doug Murphy (MSgt) at Murph-D@comcast.net (235 Rosedale Ave, Manchester, NH 03103-6440, 603/625-8803). Refueler address changes: Staff Sgt. Cathy Coletti, NCOIC, Personnel Relocations, 157 MSF/DPMAR, 302 Newmarket Street, Pease ANGB, NH 03803-0157; DSN: 852-2477 (COM: 603/430-2477); FAX: DSN 852-2456, COM 603/430-2456; cathy.coletti@nhpeas.ang.af.mil. Other correspondence: Julia Lightner-Fredyma (SMSgt), 54 Bridle Path, Dover, NH 03820 (603/740-4928), jlightner50@hotmail.com.

# SCHOLARSHIPS FOR MILITARY SPOUSES

Deadline: March 31, 2005
National Military Family
Association's (NMFA's) Joanne
Holbrook Patton
Military Spouse Scholarship
Program Fund
This exciting program will allow
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to receive assistance in furthering
their education.
Go to the website for further
information:
www.NMFA.org

### Mentorship cont. from pg 11

What is a mentoring partnership?

• Every mentoring partnership will be different based on the needs, goals and objectives of the mentee. A mentor may assist a mentee in many ways that will empower the mentee to enhance his or her professional development. A mentor may assist a mentee in planning a career path, teaching a new skill, offering experienced advice or input on work-related projects.

What benefits are there to being a mentor?

• Mentors have a chance, through these partnerships, to "put something back in to the pot," for example, to pay back past mentors for the help their mentors gave. Mentors get recognition from their peers and their managers for helping to develop promising people. They also can learn new knowledge and skills from their mentee. Mentors have also been known to report receiving tremendous personal satisfaction from most mentoring relationships. Someone has noticed you or been "matched" with you, come to respect you, and would like to learn more from you. To an experienced employee a professional partnership with a generally younger mentee can be refreshing and revitalizing to your career. You may find new or creative ideas for your own work by conversing with your associate.

What benefits are there for a Mentee?

Being mentored can help in several ways. Perhaps the greatest thing a mentor can do is encourage - convey a sincere belief in a mentee's ability to succeed. Mentors also give inspiration, advice, corrective feedback on the mentee's actions, formal and informal instruction (on organizational politics as well as on more technical topics), introductions to people who can help, and opportunities for mentees to demonstrate their skills. Expect to see our Wing Commander, Col Richard Martell, and Wing Command Chief Master Sergeant, David Eaton, discussing the Mentoring Program on CCTV in April. On Saturday, May 14th, Chief Master Sergeant Kevin Gadd of the Ohio Air National Guard who is currently serving on the ANG Mentoring Test Program Committee, will be visiting the 157th to conduct briefings on the Mentoring Initiative. The briefings will be held at 1000 hrs and 1400 hrs in the Willbrandt Hall, Bldg 247, Air Traffic Control Squadron. If you would like to know more about the Mentoring Program, we highly encourage you to attend one of

# Life in LRS

### By Tech. Sgt. Bev Wallace

"Life in the LRS" is a brief look into the Logistics Readiness Squadron. Each month we hope to feature an LRS person to let you know who we are, where we came from and what we do for you, our customer.

Tech. Sgt. Jodi L. Bragdon, is a traditional



member in the LRS and is currently assigned in the Traffic Management section. She is originally from Vasselboro, M.E., and currently works full-time as a FedEx currier in Portland. Maine Tech. Sgt. Jodi L. Bragdon has served in the NH Air National Guard for about eight years. Jodi

joined the NHANG at the suggestion of her stepfather, a former member of the 157th. Her duties in the Logistics Readiness Squadron are the shipping and receiving of assets.

When asked what question she hears the most, she stated, "How do I ship this item?" Tech. Sgt. Jodi L. Bragdon most enjoys the traveling she is able to do while serving in the military. Her most memorable moment since she joined the NHANG was participating in the last deployment to Incirlik AB, Turkey. "The Kurdish people were so giving and thoughtful," she said.

Tech. Sgt. Bragdon can be located in building 262 in room 101. And she can be reached at 430-3555. Please feel free to contact her concerning any Transportation questions.

# FIRST SERGEANT POSITION **VACANCY-157 MSG**

The 157th Mission Support Group (MSG) will be interviewing candidates for their First Sergeant position in May. Personnel who are interested and meet the minimum qualifications must send a resume to 157 ARW/CCM, Attention Chief Eaton, no later than 10 April 2005.

The resume should include a short biography that includes military experience, civilian experience, PME, other education and a statement about why the candidate wants to be a First Sergeant. Information about the duties of the First Sergeant is in AFMAN 36-2108 and AFI 36-2113. Minimum qualifications include:

- Must be a Master Sergeant or Technical Sergeant who meets all requirements and is immediately eligible for promotion to Master Sergeant.
- Must have a fitness score of 75 or better and possess the ability to run the 1.5-mile run.
- Must attend the First Sergeant Academy, which is 2 weeks, as soon as possible, but no later than one year after assignment.
- Must have three years retainability.
- Must agree to serve tenure of no less than three years after the completion of the First Sergeant Academy.
- Must meet either an Administrative score of 45 or higher, or a general score of 58 or higher in the ASVAB.

The selection board for this position will take place in May 2005. Candidates will be notified about the time and place as soon as possible. Any changes to this process will be communicated to all concerned. For questions, call Chief Eaton at X2722.

# **CONTRACTING OPENINGS**

The Base Contracting Office is seeking 2 traditional Guardsman positions to fill - 1 Technical Sergeant and 1 Staff Sergeant slot. You must be working towards a bachelor's degree and must have at least 24 business college credits. These positions require an 8 week technical school, 5 level Career Development Course (CDC) in addition, there are also various in-resident contracting classes and online training offered through the Defense Acquisition University. This is a great opportunity for motivated individuals who are seeking a competitive field, both inside and outside the Federal Government. For more information you can visit the DOD Acquisition Career Development Program http://www.dtic.mil/whs/directives/corres/pdf2/p500052m.pdf or call your local recruiter.

# Black History Month- February 2005

# By Tom Bunting, acting State Equal Employment Manager

As you probably already know, February is Black History Month in the USA. It has been observed since the 1920s when it became obvious to some concerned Americans that African-Americans were rarely mentioned in American History books, and even more rarely, in any constructive manner. Consider spending a few minutes to recognize this observance in some appropriate way. I'm going to attempt to sum up what Black History Month means to me, and hopefully to you, in just a few paragraphs I'd really like you to read. First, US legal history as it affected Blacks, and ultimately, all Americans:

- · 1863- The Emancipation Proclamation was signed.
- $\cdot$  1865- The 13th Amendment was ratified, officially outlawing slavery.
- 1868- The 14th Amendment was ratified, guaranteeing "equal protection of the laws" to all citizens.
- 1870- The 15th Amendment was ratified, guaranteeing the right to vote to all citizens. Interestingly, the amendment wasn't ratified by Maryland until 1973 and has never been ratified by Tennessee.
- · 1883- The Supreme Court declared Article 1 of the 1875 Civil Rights Act to be unconstitutional. Article 1 had given equal access to all to inns, theaters, and public transportation. As a result of this, between 1887 & 1891, eight states enacted legislation that required railroads to maintain separate facilities for Blacks and Whites.
- · 1896- "Separate, but equal" legitimized by the Supreme Court causing the implementation of Jim Crow laws throughout the states, particularly the South. This state-sponsored, constitutionally protected system of racial discrimination permitted the separation of Blacks and Whites in schools, housing, lobs, public accommodations, cemeteries, hospitals, and labor unions, etc.
- 1896-1954- Not much changed with the "separate, but equal" clause being loosely interpreted by whites throughout the US resulting in inferior educational opportunities, among other things.
- 1909- NAACP formed by a multi-racial group of activists. This group opposed the separate, but equal situation for many years, finally retaining Thurgood Marshall as their legal representative in 1950. Mr. Marshall became a Supreme Court Justice who served form 1967-1991.
- 1954- the Supreme Court's "Brown vs. the Topeka Board of Education" decision legally ended segregation but the weak wording on implementation requirements still allowed states and communities to drag their feet on desegregation.
- $\cdot$  1957- Arkansas schools integrated as 1100 federal troops protected the nine black students who enrolled in Little Rock's formerly all white Central High.
- 1965- Executive Order (EO) 11246 expanded the 1964 Civil Rights Act by declaring that "no person in the US shall, on the grounds of race, color, or national origin, be excluded from participating in, denied the benefits of, or be subjected to discrimination under any program or activity receiving federal financial assistance". In 1967, EO 11375 expanded the above to include women.
- · 1965- 2003- Affirmative action attempts to atone for past injustices. The program outlines a plan to end intentional or unintentional discrimination and specifies procedures to be used to increase the representation of minorities and women from the particular segment of the workforce, faculty, student body, or elsewhere.

# **Promotions**

### Senior Airman

Nicholas Krukowski Laura L. Baker

# Staff Sergeant

Cathy A. Coletti Michael Filliettaz Anita Y. Manupelli

# **Technical Sergeant**

Jeffrey Vanjoolen Brent A. Dalton Mark A. Collins Pranav S. Zaveri Mark W. Rasmussen Michael R. Berry Wayne Y. Baribeault Brian J. Poirier

# **Master Sergeant**

Margaret R. Munson Robert L. Leone Walter P. Sword Hazel J. Baribeault

### Senior Master Sergeant

Paul E. Roger James D. Roberts

· 2003- The University of Michigan Supreme Court decision curtails some aspects of affirmative action while still acknowledging that Diversity is a worthy goal.

2004- ?????????

As we all know, it wasn't that long ago that discrimination and prejudice were legally practiced in the US. Jim Crow laws and lynchings still existed in the 60s. We would be naive if we were to state that discrimination no longer exists. Laws have changed the way most of us act. Education has changed the way many of us think. I would ask

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### History cont. from pg 14

that you take some time to assess the way you act and think in regards to fair treatment for all, especially in your time around the NHNG.

Comments, jokes, etc. that demean any group foster the attitudes that have taken us 150 years to try to amend. Putting up with others doing this says you're OK with it yourself. Please take some time this month to determine where you stand and what you stand for with regards to equal opportunity and fairness for all.

You can do a "Google Search" for Black History Month and come up with several million references, or, a good one I found is:

http://www.infoplease.com/spot/bhm1.html.

P.S. This is also posted on the EEO website on the Army and Air nets. Please check that out occasionally.

#### Mentorship cont. from pg 12

these briefings. SMSgt Valerie Morgan, Wing Human Resources Advisor, and SMSgt William Frament, State Human Resources Advisor, are the process coordinators for the Mentoring Program. (Source for the above is the ANG

Diversity Web Site)

### Guard Talk cont. from pg 16

Stephanie, 28, a 1999 political science graduate of Arizona State University, who works for Chase Bank in Chandler, Arizona. Incidentally, while working a parttime job a few years back in a department store in the Mesa Mall, Stephanie ran into Jill and Chuck Feind, both former members of the NHANG, who also live in Arizona! Nancy and Gary's son, Nicholas, 23, is employed by Fresh City in Newington and lives in Somersworth.

• Congratulations to Deanna Leedberg, wife of Ken Leedberg (JFHQ) who recently received the MVP Award for 2004 for Delahaye-Bacon's Information, Inc. which is located on Pease International Tradeport. Deanna is a Business Development Manager received the recognition for making 120% of her quota. Deanna accomplished this feat even though she was on maternity leave for two months of the year. Deanna was working full-time before son, **Tyler**, who is now 17 months old, was born. She now works part-time and is on the books for 32 hours per week. According to her proud husband, Ken, who serves as the State Family Program Director, "she always exceeds these hours and goes the extra mile for her company." Along with being a new Mom and working, Deanna had to pick up all of Ken's duties when he went TDY to attend Basic Personnel Officer training for 6 weeks at Keesler A.F.B. last summer. "I am tremendously proud of Deanna and how she can balance being a professional, a Mom, and a wife," says Ken.

- We are very sorry to hear that Dean Lampron (RET MDG) and his family tragically lost their home in a fire last month. Dean served as a member of the 133rd Aero Medical Squadron and then a member of the U.S.A.F. Clinic as the Superintendent of Nursing Services. Dean is a veteran of Desert Shield/Desert Storm, as well as state activations to support the Seabrook Power Station and the State Hospital. Dean, his wife, Robin, and their children, Matt and Kimberly were an integral part of the NHANG Family. To assist Dean and his family at this difficult time, former military members of the Clinic who served with him have established a fund for the family. Contributions can be sent to: SMSgt Dean Lampron Family Fund, c/o Merrimack County Savings Bank, P.O. Box 2826, Concord, NH 03302.
- A fond farewell is extended to Christina Natale (MPF) who was selected for a four-year active duty stat tour as a Resource Analyst at JP1 in Arlington, Virginia. Prior to accepting that assignment, she was serving on an active duty tour as the NCOIC of Customer Service in Personnel. Christina joined the NHANG in 2003 assigned as a personnelist on the Commander's Support Staff in Operations. In March 2003, she volunteered for a mobilization tour in Personnel and was subsequently re-assigned to the Mission Support Squadron. Before coming to Pease, she served 8 years with the Air Force Reserves in Westover, Mass. She started her new job at JP1on January 8 and currently lives in Alexandria. Good luck, Christina! We'll miss you!

THAT'S ALL FOR THIS TIME, FOLKS! SEE YOU IN APRIL!



# Guard Talk

by Senior Master Sgt. Valerie Morgan Wing Human Resources Advisor

Guard Talk welcomes your submissions. If you have something interesting or a special event that you'd like to share, please give me a call at tel: (603) 430-3151, fax: 430-2456 or drop a line to 157 ARW/HRA, 302 Newmarket Street, Pease ANGB, NH 03803-0157E-mail address: valerie.morgan@NHPEAS.ANG.AF.MIL

- Congratulations to Stacey Kimball and TC Blake (OPS) who were married in a seaside ceremony in Fajardo, Puerto Rico on December 18, 2004. TC's son, Jeffrey Thomas Blake, served as best man, while daughter, Christina Sue Blake, served as Maiden of Honor. Following the ceremony, TC and remained in Puerto Rico for a lovely honeymoon over the Christmas holiday. TC is a pilot in Operations currently serving on an active duty tour. Stacey, formerly of Manchester, is President and CEO of Oven Poppers, Inc.
- Get well wishes are extended to **Jim Doyle (RET MXS)** who recently underwent spinal fusion surgery on his lower back in Florida. He is now resting comfortably at home in Clearwater, where he and his wife, **Donna**, moved last August. As a matter of fact, they moved just before the hurricane hit but luckily, they suffered only minor damage
- to their home and property. Jim retired from the NHANG in 1990. He served as an AGR in the Phase Dock Section of Maintenance. Following retirement, he travelled to Saudi Arabia to work with Boeing on the AWACS program. He also worked for Pan American Airways at Pease International Tradeport before moving to Florida. Donna is a Mary Kay consultant who won a pink cadillac from the company in 2003 for her outstanding sales perform-Jim tells us that Bev ance. (Benitez) Stone (RET MXS) and her husband, **George**, stopped by for a visit last month. Bev and George are spending some time in Reddington Beach to enjoy the warm weather.
- Thomas Shea (MDG) recently completed the Registered Nurse Refresher Course through New Hampshire Community Technical College in Claremont in January. The clinical portion was done at Wentworth-Douglass Hospital in Dover. Militarily, Tom is assigned

to the Medical Group in Nursing Services. He works full-time for the National Guard Counterdrug Task Force Drug Demand Reduction. Prior to enlisting with the NHANG, he served 4 years of active duty with the U.S. Army as a Signal Intelligence Analyst, and one year as a medic with the 1159th, Army National Guard. Tom has a son, **Cael**, who is 8 years old, and lives in Rochester.

 Nancy and Gary Draper (XP) are enjoying their new home in Bow where they moved last summer. The ranch style house is situated on two acres of land with a country atmosphere setting. Gary tells us that it's a great place to live and how much they enjoy watching the birds and nature while sipping on their morning cup of coffee on the porch. One street over from them you can find Mary and Bob Lougee (RET OPS). Gary works full-time as in Intel Analyst for the Counterdrug Program in Concord assigned to the N.H. Police Narcotics, Investigation Unit. Militarily, he is assigned to the Plans and Programs Section of the Logistics Readiness Squadron. Nancy recently retired from Sears after working for that company for 21 years. They have two children,

Guard Talk cont. on pg 15

# **Drill Dates**

DEPARTMENT OF THE AIR FORCE 157 ARW/PA 302 NEWMARKET STREET, BLDG 16 PEASE ANGB, NH 03803-0157

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